



**OFFICE OF THE SUPERINTENDENT BHIMA BHOI
MEDICAL COLLEGE & HOSPITAL**


At/PO/Dist – Balangir, PIN – 767001 (Odisha)

E-mail: gmchospitalbalangir@gmail.com



**TENDER DOCUMENT FOR SUPPLY OF THERAPEUTIC DIET (DRY & COOKED) FOR
INDOOR PATIENTS OF BHIMA BHOI MEDICAL COLLEGE & HOSPITAL, BALANGIR**

Date of submission Tender paper	:	04.08.2019
Last Date Of Receipt Of Tender	:	26.08.2019 Up To 5.30 PM
Pre-Bid Meeting	:	27.08.2019 at 11.00 AM
Date of Opening Technical Bid	:	28.08.2019 At 11.00 am
Date of Opening Financial Bid	:	Will be intimated later
Place of opening of Tender & Address For Communication	:	Superintendent, Bhima Bhoi Medical Collage & Hospital, District-Balangir, Odisha, PIN– 767 001


Sd/ Superintendent
Govt. Medical College & Hospital
Balangir

**Terms of Reference for Outsourced Agency:
Draft Contract**

The “terms of reference” to be prepared based on the requirement of the Bhima Bhoi Medical Colleges & Hospital, Balangir.


1. Invitation to Bid:

The Bhima Bhoi Medical College & Hospital, Balangir functioning under Department of Health and Family Welfare, Government of Odisha, Bhubaneswar invites tender from the eligible registered diet preparation and catering firm having valid GST certificate, Labour license & Food license to prepare and distribute diet (Both dry & cooked) in the concerned public health institution. Women Self Help Groups [SHGs] can also apply. The bid is asked as per the decision of Department of Health and Family Welfare (vide infra) for outsource the diet preparation and its services to the patients for two year contract to the eligible firms.

2. Introduction:

1. This bid is open to agency/agencies and women Self Help Groups [SHGs] satisfying the criteria laid down in this bid document who have the required operational experience of at least Two years for supply of Therapeutic diet services in any Government intuition preferably Health intuitions and its allied institutions.
2. This health institution (Bhima Bhoi Medical College & Hospital, Balangir) will select an agency, in accordance with the method of selection specified in this bid document for supply of daily Therapeutic diet to Indoor patients of all the Departments of the Bhima Bhoi Medical & Hospital, Balangir as per **Government Resolution No.[No.6125–HFW-SCH-NRHM-0015/2018/H.], dt.02.03.2019.**
3. The proposed diet rate per bed per day as fixed by the Government (in Rupees) is mentioned below. These rates are inclusive all type of taxes.

Sl. No.	Category of Diet	Proposed diet rate per bed per day (In Rs.)
1	General Diet	85
2	Paediatrics diet	75
3	Dry diet	75
4	Liquid diet	85
5	High protein diet for TB/ Cancer/ Burn patients	95


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4. Interested Bidders are invited to submit "**Technical Bid**" & "**Financial Bid**" for providing services required for diet preparation and diet related services as per the standard norm and procedure of the Government of Orissa.
5. For the greater interest of in-door patients, the Hospital Administration is not bound to accept any bid/s, and reserves the right to terminate the selection process at any time either prior to the award of the contract or after awarding, without showing any reason thereof.
6. The potential Bidders can download the Bid document from the online at the Bhima Bhoi Medical College & Hospital, Balangir as well as DMET web portal, that is, <https://gmchbalangir.infocreatives.com> and www.dmetodisha.gov.in respectively and can apply on payment with a cost of Rs.2000/- (in shape of Demand Draft) as the amount paid towards the bid document and processing fees, which is non-refundable. The cost of tender document and processing fee must be deposited along with the Bid documents by demand draft drawn in favour of "Superintendent Bhima Bhoi Medical College & Hospital, Balangir" payable at Balangir. The Tender Document is not transferable to any other bidder.
7. The bidder is expected to examine all instructions, forms, terms, specifications, and other information in the bid / tender document. Failure to furnish all information required for bidding is liable for rejection.
8. The bidder would bear all costs in connection with the preparation of the bid and its submission. The hospital administration would not bear any bid preparation cost and cost for submission of the bid.
9. In case of requirement, the hospital administration would provide required information, based on the request of the bidder, which may be necessary for preparing the bid.
10. This bid / tender does not commit to award the contract or to engage any agency through negotiations. Further, no reimbursable cost may be incurred in anticipation of award and in such cases; hospital administration would not be responsible to bear such costs incurred by the bidder.
11. The firm should have minimum turnover of Rs.1 Crore per year during the last three year. The firm should furnish the authenticated document in support of their stand in the technical bid by way of Income Tax Return / audited balance sheet.
12. The Bidder or the personnel employed by him should not have any criminal/anti-social background. The Bidder has to furnish an up to date "Antecedent Verification Certificate" from the concerned Police Department in this respect.


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3. Eligibility Criteria:

1. The bidder should have a registered / operating office with staff strength not less than 10 members in the approachable area near Bhima Bhoi Medical College & Hospital, Balangir, which is mandatory during authentication of deed agreement.
2. The bidder / outsourced agency should have relevant experience in diet preparation, diet service and overall management of diet in hospital or similar Govt. and or non – Govt. establishments. The agency/ firm have to produce performance certificate from the previous concerned institutions.
3. The bidder should have a minimum of 3 years' experience in diet preparation and its supply / services in Government Institutions.
4. If the agency has provided similar type of services in any Government health institution/s, it would be duly considered. Hospital Administration will examine the past performances of the agency regarding quality, quantity & behavioural norm & the agency should provide required evidence in this regard.(Authentic wok order).
5. The agency must be a registered body under appropriate law of the State or Central Government and having the documentary evidence in this regard.
6. In case of Women SHGs, the Technical committee is to take decision in view of their past experiences for at least minimum Two year experiences for preparation of therapeutic Diet and supply in any Health Institution.(As per Govt. letter WCD-MS-0178-2019-0727/DMS(WCDMS), Dt.01.06.20219.)
7. The Bidder has to produce an up to date food license certificate from the Health Officer, Municipal Corporation.
8. The Bidder should have valid labour license (registration no. & date) from the Labour Department.
9. The firm should have minimum turnover of Rs.1 Crore per year during the last three year. The firm should furnish the authenticated document in support of their stand in the technical bid as specified above.

4. Number of Bids:

1. The bidder can apply only one bid in this tendering / bidding process.
2. In case if a single bidder submits multiple bids, either singly or in collaboration, all bids would be liable for rejection. However, the decision of the Hospital Administration will prevail in this issue.


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5. Bid Validity:

The bid would remain valid for a period of 120 days from the date of submission.

6. Tenure of Contract:

The selected agency / bidder would be initially contracted for a period of Two year from the date of award of the contract. Based on the performance and feedback from different stakeholders, the contract may be renewed for another one year.

However, the Hospital Administration reserves the right of cancellation of the contact subject to unsatisfactory performance.

7. Payment Schedule:

1. The agency would be paid once in a month based on the case load and number of meals supplied. The number of diets prepared during "lunch" would be considered as the benchmark for calculation of number of patients/days or any such norms that is suggested and agreed upon mutually by the hospital administration and the outsourced agency / bidder.
2. Hereby, it is mandatory for the health institution to pay the dues to the agency, based on the submitted bills / vouchers in the prescribed format. The hospital administration would verify the bills, vouchers and other supporting and do the needful for payment of the dues within seven working days of submission of bills / vouchers / supporting documents.

8. Tender Fee (Cost & Processing Fee):

The potential Bidders can avail the Bid document from website www by paying **Rs.2,000/- Rupees Two Thousand**. The amount paid towards the bid document and processing fees will be non-refundable. The cost of tender document and processing fee must be deposited along with the Bid documents by demand draft drawn in favour of "**Superintendent, Bhima Bhoi Medical Collage & Hospital, District-Balangir.**" payable at Balangir. The Tender Document is not transferable to any other bidder.

9. Performance Bank Guarantee:

The agency, after selection, has to deposit "**security money**" in shape of Bank Guarantee amounting to **Rs.2,00,000/- (Rupees Two lakhs only)** within one week of execution of the contract. The Bank Guarantee would remain valid till the end of the contract period and extendable if the contract gets extended.

10.

1. No claim shall be made against the Hospital Administration in respect of interest on Security Deposit.
2. The Security Money (Bank guarantee, non-interest bearing) will be returned back to the bidder after the expiry of agreement period. In case of renewal agreed by both parties the bank guarantee needs to be revalidated for the renewal period.

11. Last Date for Submission of Bid:

The bid would be submitted in the prescribed form in a sealed envelope through Registered post/Speed post only. The bids received after the due date would not be accepted and liable for rejection.

12. Bid Withdrawal:

After the submission of the bid, if so wished by the bidder, she/he may withdraw the bid with a payment of non-refundable amount of **Rs.500/-** (Rupees five hundred only) towards withdrawal processing fee.

13. Right to Accept or Reject the Bid:


The administration, that is, the Superintendent, Bhima Bhoi Medical College & Hospital, Balangir reserves the right to accept or reject any Bid and the Bidding process and reject all such bids at any time prior to award of contract, without showing any reason thereof.

14. Opening of Bids:

The bids will be opened on the specified date, time and venue in the presence of the Technical committee member nominated by the Hospital Administration and in presence of the bidders or the authorized representative. The bidders would be requested to attend the opening of bid and all bidders present shall put their signature on the bid as an evidencing of their attendance. Absence of any bidder will not be a legal impediment at the time of opening of bid/tender.

15. Bid Evaluation Criteria:

The bids would be evaluated on past experiences and performance in order to maintain best Quality of Diet and Service. The Highest mark holder bidder adhering to the mentioned criteria on (ANNEXURE – II) & based on past performance would be awarded the contract. If multiple bidders would score same marks, Hospital Administration and the Technical selection committee reserves the right to accept the bidder as per past performance and experiences in this Health Institution.


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16. Disqualification:

The Superintendent of Bhima Bhoi Medical College & Hospital, Balangir seeking this bid, reserves under its sole discretion to disqualify any bid document **if following documents have not submitted by the bidder :-**

- a) Cost of tender paper @ Rs.2000/- towards processing fee in the shape of Bank draft.
- b) Certificate of 03 years' experience in diet preparation and supply to Govt./Pvt. Hospital/Medical Colleges or any such institution.
- c) The interested WSHGs are also invited for the tender process having minimum operational experience of at least Two years for supply dietary services in any Government intuitions and its management.
- d) Up to date GSTIN certificate.
- e) True copy of complete TIN/SRIN Registration certificate.
- f) Firm Registration Certificate from appropriate Authority of Government.
- g) Labour License from competent authority.
- h) Food license from competent Authority.
- i) Police antecedent verification certificate from competent Authority.
- j) IT return/audit report of the firm for last 3 years with PAN card Photo Copy.
- k) Performance certificate duly signed by the authority of the concerned health institution or similar organization.
- l) Annexure-1 duly filled by the firm.
- m) Declaration form (annexure-III) signed by the Tenderer regarding information received in Annexure-II, duly filed in, supported by attested documents should be filed on the tender for evaluation of technical bids.
- n) Business Turnover report from CA/ IT return of Last three Years.
- o) Bank transaction of last 3 years amounting Rs. 3 crores.
- p) Copy of Tender conditions and schedules, duly signed by Tenderer on each page.
- q) Affidavit showing as non-blacklisted firm from 1st Class Magistrate.

17. Adequacy of Information:

Once the bidder submits the bid document, it will be assumed that the bidder have carefully examined the bid document to his / her entire satisfaction. Once the agency is selected on the basis of its submitted bid, the agency would be responsible to fulfil his/her obligation as per the submitted bid.

18. Address for Submission of Bid:

The bid should be address to the following

“Superintendent, Bhima Bhoi Medical College & Hospital, Balangir”


Superintendent
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19. General Information to Bidder:

1. The successful bidder [also referred here as the agency or outsourced agency] would operate from the campus and required basic infrastructure would be provided by the Superintendent, BBMC&H, Balangir to facilitate the smooth operation of the agency.
2. The agency would be abided by the cost and quality norms/standards as mentioned in the bid, diet guidelines and communicated to them from time to time by the concerned health institution.
3. The agency would recruit required number of staff for cooking and serving so that diet can be supplied to the in-door patients in time.
4. The agency would take up free health check-up of the cooking and serving staff from time to time.
5. The maintenance of kitchen and equipment's would be the responsibility of the agency and the agency should ensure that proper care is taken in this regard.
6. The agency would prepare and supply diet adhering to the quality norms specified by the health institution. The agency should also prepare different types of diet as per the indent placed by the health institution, in context to the diet requirement of different category of patients.
7. The agency would be responsible for procurement of different items required for preparing diet and storing it properly. The health institution would not be responsible for any loss of procured items.
8. Perishable items would be supplied / procured on daily basis and for that supplier/suppliers would be identified jointly by the designated person of the health institution and the outsourced agency.
9. The Health Institution would have the right to monitor the quality of items purchased and used in the diet preparation process.
10. The agency would manage kitchen waste in a scientific manner with due consultation with the concerned hospital administration as per prescribed norms.
11. At any point of time, that is, during procurement of raw materials, processing, preparation of diet, serving the diet to the patients and cleaning the utensils / instruments, the dietician and/or any person from the health institution can visit


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and interact with concerned agency. The agency should not have any restriction and has to facilitate such process to improve the service quality.

12. The agency would prepare and update the accounts details and maintain other related documents that are required for reimbursement of the expenses on monthly basis. In case of incomplete documents, the Hospital Administration would not be responsible for the same. The prescribed documents has to be supplied by the health institution and maintained by the agency on daily basis. The financial and non-financial documents would be subject to audit.
13. The behaviour of the staff of the agency towards the patients/attendants should be conducive as per accepted social norms. Disciplinary action, deemed proper, will be taken by the Hospital Administration against the specified staffs of the said agency violating the behavioural norm in consultation with the concerned agency.
14. The agency would be responsible to make alternative arrangements in cases of situations such as staff strike, local strike [Bandh/Hartal] etc. ensuring that the patients get diet in the appropriate time.
15. The agency would be abided by different Government notification, circulars, written instructions etc. published from time to time with regard to this subject. In case of requirement, the hospital administration would provide required clarity to the agency on the related notification, circular etc.
16. For any grievance, the agency would approach to the Superintendent, BBMC&H, Balangir in person and appraise in written regarding any issues. The health institution will comply with the grievance and take appropriate action thereof.
17. Any dispute arising in the process of managing the diet preparation and supply, both the party i.e. the outsourced agency and the hospital administration should discuss and take appropriate decision that is mutually agreeable.
18. The outsourced agency would provide uniform, embedded with its logo, to all the staff recruited by the agency. The agency would ensure that the recruited staff attend their duty with clean uniform and keeping themselves neat and clean while on duty.
19. The hospital administration reserves the right to cancel or renew the contract of the outsourced agency with prior notification of 7 days without assigning any reason thereof. The same condition is also applicable for the outsourced agency in case the agency wants to quit its service. Any legal dispute falls under the civil jurisdiction of Balangir.

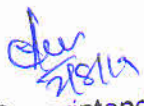

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20. TERMS & CONDITIONS FOR ACCEPTANCE OF TENDER FOR
SUPPLY OF THERAPUTIC DIET (DRY & COOKED).

1. Sealed bid should reach in the Office of the Superintendent, Bhima Bhoi Medical College & Hospital, Balangir by 5.30 PM dt. 26.08.2019 by Speed/Registered post only. Bid received beyond the aforesaid time & date will be returned to the sender unopened.
2. The Pre-bid meeting will be held on 27.08.2019 at office of Superintendent, BBMCH, Balangir in the presence of the Tender Committee members and in presence of the bidders or the authorized representative. Absence of any bidder will not be a legal impediment in this regard.
3. The Technical Bid (Cover – A) submitted by the bidder will be opened in the office chamber of the Superintendent, BBMC&H, Balangir on dt.28.08.2019 at 11.00 AM in presence of the Bidder or his duly authorized representatives. However absence of any bidder will not be a legal impediment at the time of opening of bid.
4. Reputed firms/agencies/SHGs having appropriate & proper valid registration are eligible to participate in the bidding process & quote for all the items.
5. Sealed covers containing the bid in the prescribed form should be submitted in 2 (two) separate sealed covers i.e. Technical Bid (Cover –A) & Financial Bid (Cover – B). Both the covers should be put into a third cover which should be subscribed as **"BID FOR SUPPLY OF THERAPUTIC DIET (DRY& COOKED) FORBHIMA BHOI MEDICAL COLLEGE & HOSPITAL, BALANGIR.**
6. Bids should be typewritten/ computerized & every correction in the bid should invariably be attested by full signature of the bidder with date before submission, failing which the bid will be ineligible for further consideration. Corrections done with correcting fluid should also be duly attested.
7. The details quoted by the bidder in the tender paper will be final & binding for the stipulated period & on no account any modification / adjustment will be entertained till the completion of tender period.
8. The terms & conditions and the quoted price of the bids shall remain valid for a period of 24 months from the date of agreement or the extended period if any whichever is later.
9. If any information or documents furnished by the bidder along with the bid papers are found to be misleading or incorrect at any stage, steps will be taken to debar the said agency to participate in the bidding process for 3 years in this Health Institution.


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10. In the event of the date being declared as a holiday for Govt. Of Odisha, the due date of submission of bids & opening of bids will be the following working day at the scheduled time & place.
11. The Superintendent, Bhima Bhoi Medical College & Hospital, Balangir will be at liberty to terminate, without assigning any reasons thereof, the contract either wholly or in part. The bidder will not be entitled to any compensation whatsoever in such termination.
12. If the approved bidder either fails to execute the agreement in the stipulated time or unsatisfactory performance if any detected, the Hospital administration is empowered to take any action as deemed proper.
13. If the successful bidder fails to execute the agreement or deposit the required security amount within the specified time or withdraws his tender after acceptance of his bid owing to any other reasons/he is unable to undertake the contract, his contract will be cancelled. He will also be liable for all losses sustained by the Hospital Administration, by reasons of such breach such as fail to execute the work delayed in executing the order & liability to pay any difference between the prices accepted by him & those ultimately paid for the work done by other. Such damages shall be assessed by the Hospital Administration, whose decision is final & binding in the matter.
14. Nonperformance of bid terms & condition will disqualify a agency to participate in the bid for the next 3 years in the concerned Health Institution.
15. The Hospital Administration has the right to add/alter the above term and condition, as may be considered proper at the time of execution of the agreement.
16. The agent must agree to provide different types of diet as per the requirement of the patients and indent placed in this regard by the concerned treating physician.


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17. The contractor will abide by all the rules and regulation relating to labour laws and this will be his / her sole responsibility. The Hospital Authority will not be a party at any stage to any kind of dispute relating to the above. In case of any liability arises due to non-performance by the agency, under no circumstances the Hospital authority shall be liable for the same.
18. Any damage/ pilferage to the hospital property due to mishandling / carelessness of the Agency or his work persons will be recoverable from the Agency's bill. All materials issued to the Agency shall be his sole responsibility for safe custody during the period of the contract and will furnish a declaration in the prescribed form at **Annexure-III** in this regard.
19. The Agency should depute a qualified & dedicated staff to manage diet system and to interact with the hospital authorities. His contact number should be available to hospital authorities.
20. The Hospital Authority will not be liable for payment of any compensation against any personal accidents benefit during the time of work in the kitchen.
21. During execution of work, the Agency should follow all standard norms of safety measures / precautionary to avoid accidents/ damages to men machines & buildings etc. On nonperformance to this clause suitable fines as decided by the hospital authority will be imposed.

Signature


[Name and designation of the person signing on behalf of the agency]


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TECHNICAL BID (COVER – A)

1. Forwarding Letter
2. Cost of tender paper @ Rs. 2000/- towards processing fee in the shape of Bank.
3. Certificate of 03 years' experience in diet preparation and supply to any Govt. Hospital / Medical colleges.
4. Up to date GSTIN Registration.
5. True copy of complete TIN/SRIN Registration certificate.
6. Firm Registration Certificate from appropriate Authority of Govt.
7. Labour License from competent authority.
8. Food license from competent Authority
9. Police antecedent verification certificate from DSP office.
10. IT returns of the firm for last 3 years with PAN card.
11. Non attachment of performance certificate duly signed by the authority of the concerned health institution or similar organization.
12. Declaration form (annexure-III) signed by the Tenderer Information received in Annexure-II duly filed in supported by attested documents should be filed on the tender for evaluation of technical bids.)
13. Business Turnover report from CA of Last three Years.
14. Bank transaction of last 3 years amounting Rs.3 crore.
15. Copy of Tender conditions and schedules, duly signed by Tenderer on each page.
16. Affidavit showing as non-blacklisted firm from 1st Class Magistrate.

N.B:- The Financial Bid (Cover– B) will be opened only of the bidder who qualify the Technical Bid(Cover - A) at the O/O Superintendent, Bhima Bhoi Medical College & Hospital, Balangir in presence of bidders or their authorized representatives.


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FINANCIAL BID(COVER -B)ANNEXURE - II

SL. No.	Financial criteria	Total marks (100marks)	Marking as per criteria	Mark Obtained
1	Agency constitution	20	Registered Firm 20 Marks	
			WSHGs 20Marks	
			Others 05 Marks	
2	Work experience	40	02 year experience in preparation and supply of Diet in Health Intuition having bed strength of to 100 = 10marks	
			02 year experience in preparation and supply of Diet in Health Intuition having bed strength of 100 to 200 = 20marks	
			02 or more years experiences in preparation and supply of Diet in Health Intuition having bed strength of 200 to 300 = 30marks	
			02 or more years experiences in preparation and supply of Diet in Health Intuition having bed strength of 400 or above = 40marks	
3	Annual Turn over	20	Below 1.00cr = 0 1.00cr and above = 20marks	
			For women Self Help Groups [SHGs] Below 30 lakhs = 0 30 lakhs to 50 lakhs = 10marks More than 50 lakhs = 20marks	
4	Staff capacity	20	Skilled staff Semiskilled Staffs Unskilled staffs	
			skilled staff (valid certificate holder) = 20marks Semiskilled (minimum 05 years of cooking experience) under registered hotel/firm = 10marks Minimum / Not less than 10 (as mentioned in VI.3(Point.1))	

Signature

[Name and designation of the person signing on behalf of the agency]

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DECLARATION FORM

I / We _____ having my/our branch office at _____ do declare that i/ we have carefully read all the general information, terms & conditions of bid of the Bhima Bhoi Medical College & Hospital, Balangir for supply of Therapeutic Diet (Dry & Cooked) for a period of 24months from the date of agreement. I/ We will abide by all terms & conditions set forth in the bid.

I/We promise to maintain the behavioral norm to the staffs of the Dietary Department & Office of the Hospital Administration during the process of supply of diet (Dry & Cooked).

I/We also promise either to replace any damage/misplace to the Utensils/Dietary articles or discoloration occurs to the Dietary department during the process of supply of Diet (Dry & Cooked).

Signature of the Bidder
Name & Address of the firm
Date



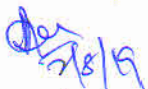
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CHECK LIST
(For official use)

Sl. No.	Document Submitted	Page No.	Yes	No.
1	Forwarding Letter			
2	Cost of tender paper @ Rs. 2000/- towards processing fee in the shape of Bank draft.			
3	Certificate of 03 years' experience in diet preparation and supply to preferably Govt. Hospital/ Medical Colleges.			
4	GSTIN Registration certificate			
5	True copy of complete TIN/SRIN Registration certificate.			
6	Firm Registration Certificate from appropriate Authority of Govt.			
7	Labour License from competent authority			
8	Food license from competent Authority			
9	Police antecedent verification certificate from DSP office.			
10	IT returns of the firm for last 3 years with PAN card Photo Copy.			
11	Annexure-1 duly filled by the firm			
12	Declaration form (annexure-III) signed by the Tenderer Information received in Annexure-II duly filed in supported by attested documents should be filed on the tender for evaluation of technical bids.)			
13	Business Turnover report from CA of Last three Years			
14	Bank transaction of last 3 years amounting Rs. 3 crores.			
15	Copy of Tender conditions and schedules, duly signed by Tenderer on each page			
16	Affidavit showing as non-blacklisted firm from 1 st Class Magistrate.			

Signature of the Proprietor of the firm with seal.

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(A)
DIET MENU

GENERAL DIETMENU FOR ADULT MALE/FEMALE @ Rs. 75/- DAY/PATIENT

ITEMS TO BE SERVED	RATION	MAJOR NUTRIENTS			
		PROTEIN	FAT	CHO	ENERGY
Milk, Bread, Biscuit, Banana	Milk (500ml) – 1 Pkt.	40.68	12.63	239.10	1230.5
	Bread (300gm)- 1 Pkt.				
	Biscuit @ Rs.10/- - 1 Pkt. (Sweet Biscuit)				
	Ripe Banana – 1 No.				

DIETMENU FOR TB (ADULT MALE/FEMALE) @ Rs. 95/- DAY/PATIENT

ITEMS TO BE SERVED	RATION	MAJOR NUTRIENTS			
		PROTEIN	FAT	CHO	ENERGY
Milk, Bread/Oats, Biscuit, Boiled Egg, Apple	Milk (500ml) – 1 Pkt.	45.95	17.35	228.1	1250.5
	Bread /Oats (300gm)- 1 Pkt.				
	Biscuit @ Rs.10/- - 1 Pkt. (Sweet Biscuit)				
	Boiled Egg – 1 No.				
	Apple – 1 No.				

OR

(B)

GENERAL DIETMENU FOR ADULT MALE/FEMALE @ Rs. 85/- DAY/PATIENT

ITEMS TO BE SERVED	RATION	MAJOR NUTRIENTS			
		PROTEIN	FAT	CHO	ENERGY
Milk, Bread, Biscuit, Boiled Egg, Banana	Milk (300ml) – 1 Pkt.	44.57	24.4	255.1	1416.5
	Bread (300gm)- 1 Pkt.				
	Biscuit @ Rs.10/- - 1 Pkt. (Sweet Biscuit)				
	Boiled Egg – 1 No.				
	Ripe Banana – 1 No.				

DIETMENU FOR TB (ADULT MALE/FEMALE) @ Rs. 95/- DAY/PATIENT

ITEMS TO BE SERVED	RATION	MAJOR NUTRIENTS			
		PROTEIN	FAT	CHO	ENERGY
Milk, Bread/Oats, Biscuit, Boiled Egg, Apple	Milk (300ml) – 1 Pkt.	44.15	24.75	254.9	1417.5
	Bread /Oats(300gm)- 1 Pkt.				
	Biscuit @ Rs.10/- - 1 Pkt. (Sweet Biscuit)				
	Boiled Egg – 1 No.				
	Apple – 1 No.				

N.B. - The Diet menu is suggestive and prepared as per the prevailing market rate. The concerned Medical Officer would be the final authority to take appropriate decision on the menu in consultation with Dietitian without compromising the quality.

DIET MENU (COOKED FOOD)

GENERAL DIETMENU FOR ADULT MALE/FEMALE@ Rs. 85/- DAY/PATIENT ON (MONDAY & THURSDAY)						
	ITEMS TO BE SERVED	RATION	MAJOR NUTRIENTS			
			PROTEIN	FAT	CHO	ENERGY
BREAKFAST	ChudaSantula Ghuguni,	Chuda – 100gm	14	17	108	636
		Potato- 50gm				
		Carrot – 25gm				
		Peas (dry) – 30gm				
		Oil- 15ml				
LUNCH	Rice, Dal, Mix Vegetable curry	Rice (parboiled) - 200 gm	26	12	226	1118
		Dal (Arhar) - 40 gm				
		Vegetable-200 gm				
		Potato – 100 gm				
		Onion – 20gm				
		Oil – 10 ml				
DINNER	Rice, Dal, Mix Vegetable curry	Rice (parboiled) - 200 gm	26	12	226	1118
		Dal (Arhar) - 40 gm				
		Vegetable-200 gm				
		Potato – 100 gm				
		Onion – 20gm				
		Oil – 10 ml				

N.B. - The Diet menu is suggestive and prepared as per the prevailing market rate. The concerned Medical Officer would be the final authority to take appropriate decision on the menu in consultation with Dietitian without compromising the quality.


 Superintendent
 Govt. Medical College & Hospital
 Balangir

DIET MENU (COOKED FOOD)

GENERAL DIETMENU FOR ADULT MALE/FEMALE@ Rs. 85/- DAY/PATIENT ON (TUESDAY, FRIDAY & SATURDAY)						
	ITEMS TO BE SERVED	RATION	MAJOR NUTRIENTS			
			PROTEIN	FAT	CHO	ENERGY
BREAKFAST	Bread, Ghuguni	Bread- 100 gm	15	11	80	478
		Peas (dry)- 30 gm				
		Potato- 50 gm				
		Oil- 10 ml				
LUNCH	Rice, Dal, Egg Curry	Rice (parboiled) - 200 gm	29	23	195	1106
		Dal(Arhar)-40 gm				
		Egg- 1 No.				
		Potato-50 gm				
		Onion- 20 gm				
		Refined Oil- 15 ml				
DINNER	Rice, Dal, Mix Vegetable curry	Rice (parboiled) - 200 gm	26	12	226	1118
		Dal (Arhar) - 40 gm				
		Vegetable-200 gm				
		Potato – 100 gm				
		Onion – 20gm				
		Oil – 10 ml				

N.B. - The Diet menu is suggestive and prepared as per the prevailing market rate. The concerned Medical Officer would be the final authority to take appropriate decision on the menu in consultation with Dietitian without compromising the quality.

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28/19

**Superintendent
Govt. Medical College & Hospital
Balangir**

DIET MENU (COOKED FOOD)

GENERAL DIETMENU FOR ADULT MALE/FEMALE@ Rs. 85/- DAY/PATIENT ON (WEDNESDAY)						
BREAKFAST	ITEMS TO BE SERVED	RATION	MAJOR NUTRIENTS			
			PROTEIN	FAT	CHO	ENERGY
BREAKFAST	SujiUpama, Ghuguni	Suji - 100 gm	16	11	92	348
		Peas dry - 30 gm				
		Oil - 10 ml				
LUNCH	Rice, Dal, Chicken Curry	Rice (parboiled) - 200 gm	53	17	183	1101
		Dal(Arhar)-40 gm				
		Chicken- 120gm				
		Onion- 20 gm				
		Oil – 15 ml				
DINNER	Rice, Dal, Mix Vegetable curry	Rice (parboiled) - 200 gm	26	12	226	1118
		Dal (Arhar) - 40 gm				
		Vegetable-200 gm				
		Potato – 100 gm				
		Onion – 20gm				
		Oil – 10 ml				

N.B. - The Diet menu is suggestive and prepared as per the prevailing market rate. The concerned Medical Officer would be the final authority to take appropriate decision on the menu in consultation with Dietitian without compromising the quality.

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DIET MENU (COOKED FOOD)

GENERAL DIETMENU FOR ADULT MALE/FEMALE@ Rs. 85/- DAY/PATIENT ON (SUNDAY)						
BREAKFAST	ITEMS TO BE SERVED	RATION	MAJOR NUTRIENTS			
			PROTEIN	FAT	CHO	ENERGY
BREAKFAST	SujiHalwa	Suji - 100 gm	13	1	94	437
		Milk – 100ml				
		Sugar – 15gm				
LUNCH	Rice, Dal, Fish Curry	Rice (parboiled) - 200 gm	39	18	188	1068
		Dal(Arhar)-40 gm				
		Fish- 100gm				
		Onion- 20 gm				
		Oil – 15 ml				
DINNER	Rice, Dal, Mix Vegetable curry	Rice (parboiled) - 200 gm	26	12	226	1118
		Dal (Arhar) - 40 gm				
		Vegetable-200 gm				
		Potato – 100 gm				
		Onion – 20gm				
		Oil – 10 ml				

N.B. - The Diet menu is suggestive and prepared as per the prevailing market rate. The concerned Medical Officer would be the final authority to take appropriate decision on the menu in consultation with Dietitian without compromising the quality.


Dec
7/8/19

**Superintendent
Govt. Medical College & Hospital
Balangir**

DIET MENU (COOKED FOOD)

DIETMENU FOR DIABETIC ADULT MALE/FEMALE@ Rs. 85/- DAY/PATIENT ON (MONDAY & THURSDAY)						
BREAKFAST	ITEMS TO BE SERVED	RATION	MAJOR NUTRIENTS			
			PROTEIN	FAT	CHO	ENERGY
	Chappati – 3no. Ghuguni,	Atta – 100gm	29	18	70	526
		Peas (dry) – 30gm				
		Oil- 15ml				
LUNCH	Chappati- 4no, Dal, Mix Vegetable curry	Atta - 120 gm	26	14	133	762
		Dal (Arhar) - 40 gm				
		Vegetable-250 gm				
		Onion – 20gm				
		Oil – 10 ml				
DINNER	Chappati- 4no, Dal, Mix , Vegetable curry	Atta - 120 gm	26	14	133	762
		Dal (Arhar) - 40 gm				
		Vegetable-250 gm				
		Onion – 20gm				
		Oil – 10 ml				

N.B. - The Diet menu is suggestive and prepared as per the prevailing market rate. The concerned Medical Officer would be the final authority to take appropriate decision on the menu in consultation with Dietitian without compromising the quality.


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DIET MENU (COOKED FOOD)

DIETMENU FOR DIABETIC ADULT MALE/FEMALE@ Rs. 85/- DAY/PATIENT ON (TUESDAY, FRIDAY & SATURDAY)						
BREAKFAST	ITEMS TO BE SERVED	RATION	MAJOR NUTRIENTS			
			PROTEIN	FAT	CHO	ENERGY
BREAKFAST	Chappati – 3no. Ghuguni,	Atta – 100gm	29	18	70	526
		Peas (dry) – 30gm				
		Oil- 15ml				
LUNCH	Chappati- 4no, Dal, Egg curry	Atta - 120 gm	30	24	108	775
		Dal (Arhar) - 40 gm				
		Egg – 1 no.				
		Onion – 20gm				
DINNER	Chappati- 4no, Dal, Mix , Vegetable curry	Oil – 15 ml	26	14	133	762
		Atta - 120 gm				
		Dal (Arhar) - 40 gm				
		Vegetable-250 gm				
		Onion – 20gm				
		Oil – 10 ml				

N.B. - The Diet menu is suggestive and prepared as per the prevailing market rate. The concerned Medical Officer would be the final authority to take appropriate decision on the menu in consultation with Dietitian without compromising the quality.

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7/8/15

**Superintendent
Govt. Medical College & Hospital
Balangir**

DIET MENU (COOKED FOOD)

DIETMENU FOR DIABETIC ADULT MALE/FEMALE@ Rs. 85/- DAY/PATIENT ON (WEDNESDAY)						
BREAKFAST	ITEMS TO BE SERVED	RATION	MAJOR NUTRIENTS			
			PROTEIN	FAT	CHO	ENERGY
BREAKFAST	Chappati – 3no. Ghuguni,	Atta – 100gm	29	18	70	526
		Peas (dry) – 30gm				
		Oil- 15ml				
LUNCH	Chappati- 4no, Dal, Chicken curry	Atta - 120 gm	55	18	108	819
		Dal (Arhar) - 40 gm				
		Chicken – 120gm				
		Onion – 20gm				
		Oil – 15 ml				
DINNER	Chappati- 4no, Dal, Mix Vegetable curry	Atta - 120 gm	26	14	133	762
		Dal (Arhar) - 40 gm				
		Vegetable-250 gm				
		Onion – 20gm				
		Oil – 10 ml				

N.B. - The Diet menu is suggestive and prepared as per the prevailing market rate. The concerned Medical Officer would be the final authority to take appropriate decision on the menu in consultation with Dietitian without compromising the quality.


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DIET MENU (COOKED FOOD)

DIETMENU FOR DIABETIC ADULT MALE/FEMALE@ Rs. 85/- DAY/PATIENT ON (SUNDAY)						
BREAKFAST	ITEMS TO BE SERVED	RATION	MAJOR NUTRIENTS			
			PROTEIN	FAT	CHO	ENERGY
BREAKFAST	Chappati – 3no. Ghuguni,	Atta – 100gm	29	18	70	526
		Peas (dry) – 30gm				
		Oil- 15ml				
LUNCH	Chappati- 4no, Dal, Fish curry	Atta - 120 gm	40	19	113	785
		Dal (Arhar) - 40 gm				
		Fish – 100gm				
		Onion – 20gm				
		Oil – 15 ml				
DINNER	Chappati- 4no, Dal, Mix Vegetable curry	Atta - 120 gm	26	14	133	762
		Dal (Arhar) - 40 gm				
		Vegetable-250 gm				
		Onion – 20gm				
		Oil – 10 ml				


N.B. - The Diet menu is suggestive and prepared as per the prevailing market rate. The concerned Medical Officer would be the final authority to take appropriate decision on the menu in consultation with Dietitian without compromising the quality.


 Superintendent
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 Balangir

DIET MENU (COOKED FOOD)

DIETMENU FOR T.B ADULT MALE/FEMALE@ Rs. 95/- DAY/PATIENT ON (MONDAY & THURSDAY)						
	ITEMS TO BE SERVED	RATION	MAJOR NUTRIENTS			
			PROTEIN	FAT	CHO	ENERGY
BREAKFAST	ChudaSantula Ghuguni, Banana, Apple	Chuda – 100gm	14.6	17.1 5	121.6	694
		Potato- 50gm				
		Carrot – 25gm				
		Peas (dry) – 30gm				
		Oil- 15ml				
		Banana- 1 No.				
LUNCH	Rice, Dal, Paneer curry & Vegetable fry	Rice (parboiled) - 200 gm	37.11	29.9 5	224	1315
		Dal (Arhar) - 40 gm				
		Paneer -50gm				
		Vegetable-150 gm				
		Potato – 100 gm				
		Onion – 20gm				
		Oil – 15ml				
DINNER	Rice, Dal, Mixed vegetable curry, & Vegetable fry	Rice (parboiled) - 200 gm	38.61	30.5 5	239	1386.8
		Dal (Arhar) - 40 gm				
		Vegetable-300 gm				
		Potato – 100 gm				
		Onion – 20gm				
		Oil – 15 ml				


N.B. - The Diet menu is suggestive and prepared as per the prevailing market rate. The concerned Medical Officer would be the final authority to take appropriate decision on the menu in consultation with Dietitian without compromising the quality.


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DIET MENU (COOKED FOOD)

DIETMENU FOR T.B ADULT MALE/FEMALE@ Rs. 95/- DAY/PATIENT ON (TUESDAY & SATURDAY)						
	ITEMS TO BE SERVED	RATION	MAJOR NUTRIENTS			
			PROTEIN	FAT	CHO	ENERGY
BREAKFAST	Bread Ghuguni & Banana	Bread – 100gm	15.6	11.1 5	93.6	536
		Peas (dry) – 30gm				
		Oil- 15ml				
		Banana-1 No.				
LUNCH	Rice, Dal, Egg curry, Vegetable fry	Rice (parboiled) - 200 gm	32	24	221	1226
		Dal (Arhar) - 40 gm				
		Egg- 1 No.				
		Vegetable-150 gm				
		Patato- 100gm				
		Onion – 20gm				
		Oil – 15ml				
DINNER	Rice, Dal, Egg curry, Vegetable fry	Rice (parboiled) - 200 gm	32	24	221	1226
		Dal (Arhar) - 40 gm				
		Egg – 1 no.				
		Vegetable-150 gm				
		Potato – 100 gm				
		Onion – 20gm				
		Oil – 15 ml				

N.B. - The Diet menu is suggestive and prepared as per the prevailing market rate. The concerned Medical Officer would be the final authority to take appropriate decision on the menu in consultation with Dietitian without compromising the quality.


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DIET MENU (COOKED FOOD)

DIETMENU FOR T.B ADULT MALE/FEMALE@ Rs. 95/- DAY/PATIENT ON (WEDNESDAY & FRIDAY)						
	ITEMS TO BE SERVED	RATION	MAJOR NUTRIENTS			
			PROTEIN	FAT	CHO	ENERGY
BREAKFAST	SujiUpama, Ghuguni, Banana	Suji- 100gm	16.06	11.1 5	105.6	591
		Peas (dry) – 30gm				
		Oil- 10ml				
		Banana- 1 No.				
LUNCH	Rice, Dal, Chicken curry, Vegetable fry	Rice (parboiled) - 200 gm	55	18	198	1173
		Dal (Arhar) - 40 gm				
		Chicken -120gm.				
		Vegetable-150 gm				
		Onion – 20gm				
		Oil – 15ml				
DINNER	Rice, Dal, Egg curry, Vegetable fry	Rice (parboiled) - 200 gm	32	24	221	1226
		Dal (Arhar) - 40 gm				
		Egg – 1 no.				
		Vegetable-150 gm				
		Potato – 100 gm				
		Onion – 20gm				
		Oil – 15 ml				

N.B. - The Diet menu is suggestive and prepared as per the prevailing market rate. The concerned Medical Officer would be the final authority to take appropriate decision on the menu in consultation with Dietitian without compromising the quality.


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DIET MENU (COOKED FOOD)

**DIETMENU FOR T.B ADULT MALE/FEMALE@ Rs. 95/- DAY/PATIENT
ON (SUNDAY)**

	ITEMS TO BE SERVED	RATION	MAJOR NUTRIENTS			
			PROTEIN	FAT	CHO	ENERGY
BREAKFAST	SujiHalwa , Banana	Suji - 100 gm	13.6	1.15	107.6	495
		Milk – 100ml				
		Sugar – 15gm				
		Banana- 1 No.				
LUNCH	Rice, Dal, Fish curry, Vegetable fry	Rice (parboiled) - 200 gm	40	19	203	1139
		Dal (Arhar) - 40 gm				
		Fish -100gm.				
		Vegetable-150 gm				
		Onion – 20gm				
		Oil – 15ml				
DINNER	Rice, Dal, Egg curry, Vegetable fry	Rice (parboiled) - 200 gm	32	24	221	1226
		Dal (Arhar) - 40 gm				
		Egg – 1 no.				
		Vegetable-150 gm				
		Potato – 100 gm				
		Onion – 20gm				
Oil – 15 ml						

**N.B. - The Diet menu is suggestive and prepared as per the prevailing market rate.
The concerned Medical Officer would be the final authority to take appropriate
decision on the menu in consultation with Dietitian without compromising the quality**




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DIET MENU (COOKED FOOD)

MIXED DIETMENU FOR ADULT MALE/FEMALE@ Rs. 85/- DAY/PATIENT ON (MONDAY & THURSDAY)						
	ITEMS TO BE SERVED	RATION	MAJOR NUTRIENTS			
			PROTEIN	FAT	CHO	ENERGY
BREAKFAST	ChudaSantula Ghuguni,	Chuda – 100gm	14	17	108	636
		Potato- 50gm				
		Carrot – 25gm				
		Peas (dry) – 30gm				
		Oil- 15ml				
LUNCH	Rice, Dal, Mix Vegetable curry	Rice (parboiled) - 200 gm	26	12	226	1118
		Dal (Arhar) - 40 gm				
		Vegetable-200 gm				
		Potato – 100 gm				
		Onion – 20gm				
		Oil – 10 ml				
DINNER	Chappati- 4no, Dal, Mix Vegetable curry	Atta - 120 gm	26	14	133	762
		Dal (Arhar) - 40 gm				
		Vegetable-250 gm				
		Onion – 20gm				
		Oil – 10 ml				

N.B. - The Diet menu is suggestive and prepared as per the prevailing market rate. The concerned Medical Officer would be the final authority to take appropriate decision on the menu in consultation with Dietitian without compromising the quality.



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 Balangir

**DIET MENU
(COOKED FOOD)**

**MIXED DIETMENU FOR ADULT MALE/FEMALE@ Rs. 85/- DAY/PATIENT
ON (TUESDAY, FRIDAY & SATURDAY)**

	ITEMS TO BE SERVED	RATION	MAJOR NUTRIENTS			
			PROTEIN	FAT	CHO	ENERGY
BREAKFAST	Bread, Ghuguni	Bread- 100 gm	15	11	80	478
		Peas (dry)- 30 gm				
		Potato- 50 gm				
		Oil- 10 ml				
LUNCH	Rice, Dal, Egg Curry	Rice (parboiled) - 200 gm	29	23	195	1106
		Dal(Arhar)-40 gm				
		Egg- 1 No.				
		Potato-50 gm				
		Onion- 20 gm				
		Refined Oil- 15 ml				
DINNER	Chappati- 4no, Dal, Mix Vegetable curry	Atta - 120 gm	26	14	133	762
		Dal (Arhar) - 40 gm				
		Vegetable-250 gm				
		Onion – 20gm				
		Oil – 10 ml				

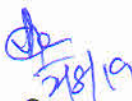
N.B. - The Diet menu is suggestive and prepared as per the prevailing market rate. The concerned Medical Officer would be the final authority to take appropriate decision on the menu in consultation with Dietitian without compromising the quality.


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DIET MENU (COOKED FOOD)

MIXED DIETMENU FOR ADULT MALE/FEMALE@ Rs. 85/- DAY/PATIENT ON (WEDNESDAY)						
BREAKFAST	ITEMS TO BE SERVED	RATION	MAJOR NUTRIENTS			
			PROTEIN	FAT	CHO	ENERGY
	SujiUpama, Ghuguni	Suji - 100 gm	16	11	92	348
		Peas dry - 30 gm				
		Oil - 10 ml				
LUNCH	Rice, Dal, Chicken Curry	Rice (parboiled) - 200 gm	53	17	183	1101
		Dal(Arhar)-40 gm				
		Chicken- 120gm				
		Onion- 20 gm				
		Oil – 15 ml				
DINNER	Chappati- 4no, Dal, Mix Vegetable curry	Atta - 120 gm	26	14	133	762
		Dal (Arhar) - 40 gm				
		Vegetable-250 gm				
		Onion – 20gm				
		Oil – 10 ml				

N.B. - The Diet menu is suggestive and prepared as per the prevailing market rate. The concerned Medical Officer would be the final authority to take appropriate decision on the menu in consultation with Dietitian without compromising the quality.


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DIET MENU (COOKED FOOD)

MIXED DIETMENU FOR ADULT MALE/FEMALE@ Rs. 85/- DAY/PATIENT ON (SUNDAY)						
BREAKFAST	ITEMS TO BE SERVED	RATION	MAJOR NUTRIENTS			
			PROTEIN	FAT	CHO	ENERGY
	SujiHalwa	Suji - 100 gm	13	1	94	437
		Milk – 100ml				
		Sugar – 15gm				
LUNCH	Rice, Dal, Fish Curry	Rice (parboiled) - 200 gm	39	18	188	1068
		Dal(Arhar)-40 gm				
		Fish- 100gm				
		Onion- 20 gm				
		Oil – 15 ml				
DINNER	Chappati- 4no, Dal, Mix Vegetable curry	Atta - 120 gm	26	14	133	762
		Dal (Arhar) - 40 gm				
		Vegetable-250 gm				
		Onion – 20gm				
		Oil – 10 ml				

N.B. - The Diet menu is suggestive and prepared as per the prevailing market rate. The concerned Medical Officer would be the final authority to take appropriate decision on the menu in consultation with Dietitian without compromising the quality.


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